

# KERN BONE & JOINT SPECIALISTS

James B. Grimes, M.D.

For Dr. Jim Grimes, the best part of being in orthopaedics is hearing feedback from patients. As a highly-skilled orthopaedic surgeon, in practice in Bakersfield for over 18 years, Dr. Grimes has been at the helm of a multitude of success stories.

Originally from Kansas City, Missouri, he attended the University of Kansas in Lawrence then Cornell University Medical College in New York City. Dr. Grimes completed his orthopaedic surgery residency at Washington University-Barnes Hospital in St. Louis. Following his residency, Dr. Grimes completed a fellowship in arthritis and implant surgery and sports medicine, also in St. Louis.

A published author, he has four patents in the field of total hip replacement. His hip socket revision system has been used by orthopaedic surgeons both nationally and internationally.

His training certainly sets him apart, but it is the thanks he gets from patients and knowing he has impacted someone's quality of life that keeps him passionate about his career. Dr. Grimes specializes in minimally invasive treatment of adult joint disorders. Dr. Grimes provides a continuum of care for hip problems. He performs hip arthroscopy and resurfacing hip arthroplasty, an operation that was just recently approved by the FDA. Dr. Grimes performs total hip replacements through the direct anterior approach, a state of the art minimally invasive approach. This technique has the advantage of not cutting muscles to access the joint.

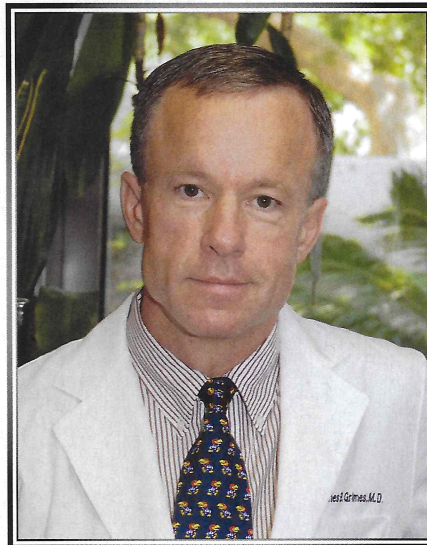
Doug Nunneley is an avid racquetball player who was having a hard time walking even short distances. Pain specialists prescribed medications which helped temporarily. Finally, one specialist told Nunneley it was his hip that was the prob-

lem. So he began checking around with orthopaedists and other racquetball players he knew who had had surgery. However, Nunneley would come to find that the best person to perform this delicate procedure would be the same person who performed surgery on his knee and shoulder a decade ago, Dr. Grimes. "He does surgery totally different than others I've heard," Nunneley explained. "The materials he uses and the familiarity he has with the procedure gave me complete

confidence in him." Nunneley was back on the racquetball courts after three months and competing in tournaments less than a year after the surgery. "That was the true test, being able to play so soon after the procedure. I haven't been this pain free in years."

Like Nunneley, racquetball is Ray Kearney's game—and has been—for the past 15 years. "I realize playing is terribly hard on the joint," he mused, "but I began having pain in my right hip and realized something was wrong." Kearney had heard bad things about orthopaedic surgery from fellow players but

knew he couldn't continue playing in pain. "Racquetball is an everyday part of my life. I went to L.A. and saw different doctors, but it was Dr. Grimes that said he could ensure I'd be able to play racquetball again. I feel so fortunate that I picked Dr. Grimes," Kearney said. "I heard about a surgery he performed on a former wrestler who went on to wrestle again and I had heard that he was very serious and passionate about the entire process. Those factors made me sure he was the right surgeon." Kearney felt energized by Dr. Grimes dedication and after only two months, he stepped back onto the court. Those are success stories one can't argue with.

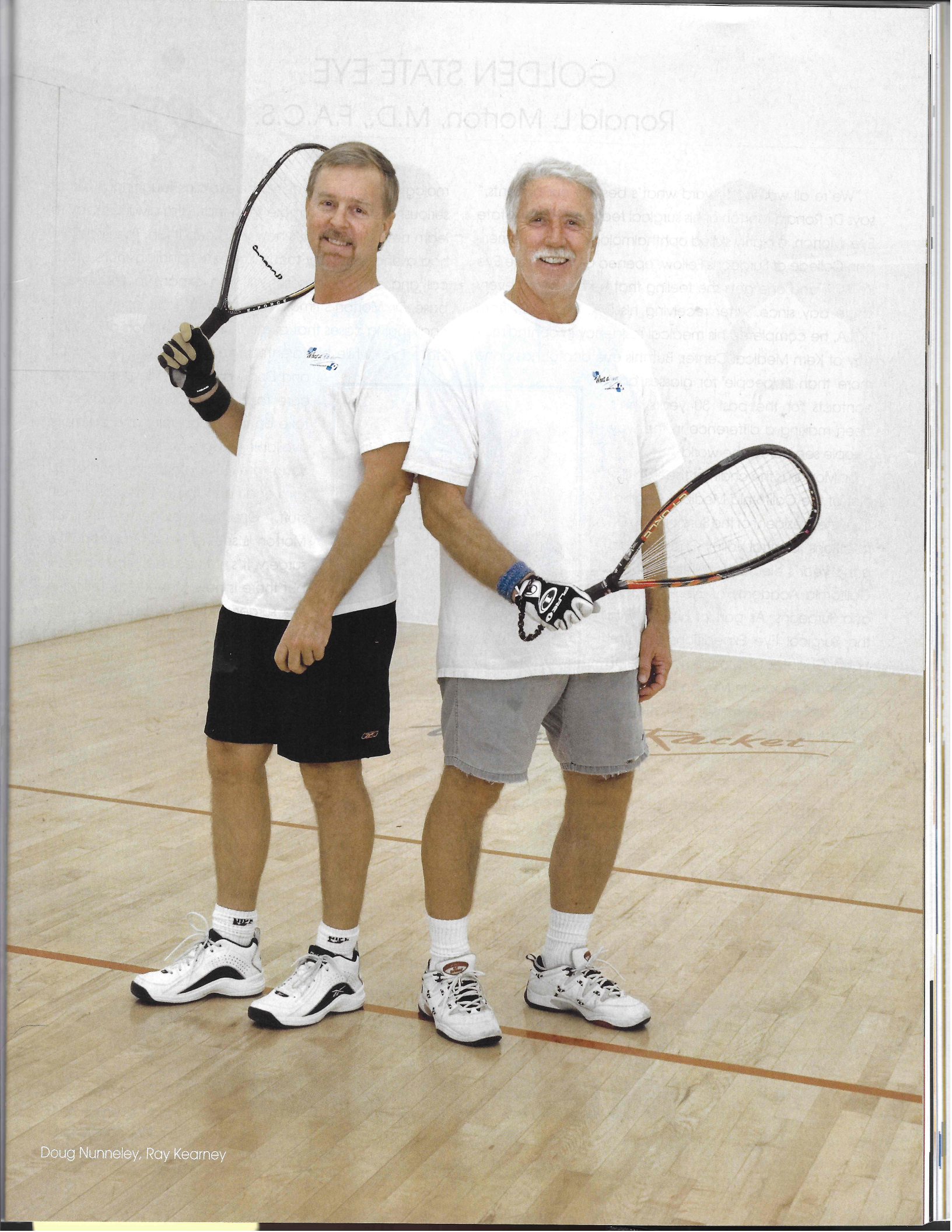


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# GOLDEN STATE EYE

Ronald L. Mohon, M.D., F.A.C.S.

Doug Nunneley, Ray Kearney